

# Missouri Valley Quilt Guild

Newsletter

January 2010

## Board Members

### President

Phyllis Stoddart  
223-5859

### Vice President

Kathy Nordquist  
222-0665

### Treasurer

Marlene Sapa  
258-9128

### Secretary

Phyllis Oxentencko  
222-1746

### Newsletter Editor

Terri Stegmiller  
663-2234

### Past President

Barb Emery  
258-0978

If you have any information you would like to include in the next newsletter, please call the newsletter editor, or email her at [steg3675@gmail.com](mailto:steg3675@gmail.com). Deadline to receive information for the next newsletter is February 4, 2010.

## Minutes . . . December 10, 2009

The December 10 meeting of MVQ was the annual Christmas party. No formal meeting was held.

## Board Meeting

The executive board of the Missouri Valley Quilters met on January 4, 2010 at the home of Phyllis Stoddart. In attendance were Marlene Sapa, Terri Stegmiller, Kathy Nordquist, Barb Emery, and Phyllis Oxentencko.

An updated membership list will be out in February.

Discussion was held about the need for a committee to host the Christmas party in 2010.

We discussed the program for January.

### Around Town

Art quilts by Sister Nancy Gunderson are on display at the Bismarck Art and Galleries Association during the month of January.

We would like to thank everyone who participated in the challenge this year. We think all of the finished quilts were fabulous! We had a lot of fun trying to come up with something that would be fun and different. Thank you to everyone who helped us set up and take down for the party, it was greatly appreciated. I am looking forward to next year's holiday gathering.

Thanks from Susan Schwarz, Jackie Meier and DelRae Martin

### Committee Needed

A committee is needed to coordinate the Christmas party for next year, December 2010. If you would like to volunteer, please contact one of the board members.

## January Program: Wool Heart Needle Case

A hands-on project. Wool, floss, and batting will be provided for you. Please bring along a basic sewing kit that includes a big eye needle (large enough to handle six stranded floss), scissors, and pins.



## Upcoming Events

### January 22 - 23, 2010

ND Quilters' Showcase, Mandan Community Center. Visit <http://www.ndsqc.org/> for more information.

### February 19 - 21, 2010

Frozen Fabric Frolic - See details on page 3

### February 27 - 28, 2010

Cabin Fever Quilt Show in Carrington. Held at the grade school gym at 232 9th Ave N. For additional information, please contact Bev Brunsch at 752-4300 or [brunsch@daktel.com](mailto:brunsch@daktel.com)

### March 5 - 7, 2010

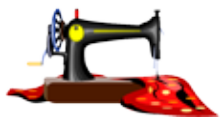
Quilter's Guild of North Dakota, retreat at Governor's Inn in Casselton. [www.ndquilts.com](http://www.ndquilts.com)

### March 19 - 21, 2010

Minot Prairie Quilt Festival Grand International Inn, Minot. [www.minotquilters.com](http://www.minotquilters.com)

### March 20, 2010

National Quilting Day — Sponsored by Capital Quilters, at ND Heritage Center [www.ndcapitalquilters.com](http://www.ndcapitalquilters.com)



### FOR SALE

Singer Featherweight  
AF Model  
Contact: Muriel Kisse  
701-471-3094

## Upcoming Guild Programs

**January** - Wool Heart project - Hands on and a call for UFO's.

**February** - Trunk show with featured quilter Marlene Sapa.

**March** - Folio Fun with Terri Stegmiller - Hands-on project.

**April** - UFO deadline (tax deadline) with show and tell and prizes.

**May** - Strip piecing with Jenny Yearous - Hands-on project.

**June** - Art quilt - Hands-on project.

**August** - Summer pot luck and show of summer projects.

## UFO CHALLENGE

On a recipe card, write down the description of a UFO project you plan to finish by the April meeting. You can turn these cards into Kathy at the January or February meeting.

All completed UFO Challenge projects will be shared at the April meeting and prizes will be given to all who succeed with the challenge. You can have more than one project in the challenge.



Hostesses are still needed for the June and September meetings. Please see Phyllis Stoddart if you can help out.

## Angel Project in need of quilts!

When a child is born with Down Syndrome in Bismarck, the Designer Genes support network provides education and support to the family along with an Angel Quilt provided by our club.

Our quilting group has donated 27 quilts to the Designer Genes group since 2001. They recently gave away another 2 quilts and they only have 2 quilts left on hand.

So, I'm encouraging our group to get together and get more quilts made. Maybe you want to make one by yourself or work with someone else to complete one!

I had the opportunity to meet with a family recently who had received an Angel Quilt. I was at the home of this student when the mother said that they had received a beautiful quilt when their daughter was born. It meant a great deal to her to receive it. I asked her to show me the quilt that she had received. She brought it out to show me and it was one of the quilts I had made for the project. They mother was so very appreciate!

Thanks for your continued support of this group!

~ Kathy Fraase



**Log Cabin Loco**

Log Cabin Loco takes a traditional log cabin block and turns it into a contemporary version of a log cabin quilt. Finished quilt will measure 61 X 76. This is an opportunity to utilize some of the fat quarters you may have been collecting. For those of you not so interested in fat quarters, don't let this stop you.

Log Cabin Loco is a fast and easy design which you should be close to completing by the end of the weekend. A perfect quilt for those who like to combine a good chat with their sewing!

Instructor: Marlene Sapa



**Painless Pineapple**

You don't have to use the dreaded T (template) word or the P (paper piecing) word to make this traditional block. Deb will demonstrate the use of the Pineapple Ruler (required) from Possibilities to create this beautiful quilt style. It is much easier than it looks – simple strips and then trim using the special ruler. The resulting quilts can be traditional or contemporary depending on the fabric choices.

Instructor: Deb Knudson

**Tenth Annual 'Frozen Fabric Frolic' Quilt Retreat**

Missouri Valley Quilters, Bismarck-Mandan  
 Will be held at Camp of the Cross, Garrison ND  
 February 19-21, 2010

Quilt Retreat will begin at 5:00 PM Friday evening and will end 4:00 PM Sunday evening.

\$120 Registration Fee will cover room, board and classes. (\$60 required with application.) Meals are provided. (Supper Friday evening. Brunch & supper Saturday. Brunch Sunday) (Cancellations before Feb. 13, 2010 will receive a refund minus a \$10 non-refundable registration fee.)

Accommodations are dormitory style cabins – (no bunk beds).

Bring your own sleeping bag, pillow, towels, etc.

Each cabin has its own bathrooms, but shower facilities are located in another building. A limited number of "Private Rooms" are available for an additional \$30/person. Some of the rooms will accommodate two people, (2 single beds.) Bedding & towels are provided by the camp. These rooms will be allocated by postmark date by the registration committee. We cannot guarantee a private room.

You will have your choice of two classes, or space will be provided to do your own projects. (Each class will be for two days, giving time to perhaps complete a project)

Applications will be accepted based on postmark, but will not be accepted early. Members of Missouri Valley Quilters may send in their registration on December 1, 2009.

Open registration will begin January 1, 2010.

Detailed supply lists and schedule will be mailed prior to the retreat.

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Please mail to: Bonnie Cook, 1305 N. 14th St., Bismarck, ND 58501

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please indicate 1st and 2nd choices:  
 "Log Cabin Loco" \_\_\_\_\_ "Painless Pineapple" \_\_\_\_\_ "Sew Your Own" \_\_\_\_\_

Amt. Enclosed \$120 \_\_\_\_\_ (Paid in Full) \$60 \_\_\_\_\_ (\$60 payable at Registration) This includes a \$10 nonrefundable registration fee.

Make checks payable to: Missouri Valley Quilters

Private Room Request:  
 Single room. Additional \$30 due at registration.  
 Share a room with \_\_\_\_\_ (Name of roommate)  
 Additional \$30/each due at registration.

If private room is not available:  
 I will accept dormitory sleeping arrangements.  
 Please refund my registration fee, I will not be able to attend the retreat.

If you have any questions, please call Bonnie Cook at 223-9640 or Karen Pedigo at 258-0702.

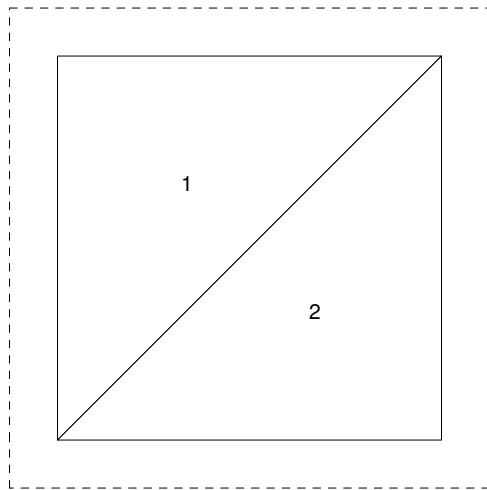
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**Newsletter Block of the Month - Block 4 (Flower Garden Path)**

This 12" block is easily constructed with simple piecing. Prepare your fabric pieces either with the rotary cutting technique or use the templates. You can also paper piece the half-square triangle units and one paper piecing template is shown. These are easy to draw yourself. All seams are 1/4".

Paper piecing template  
28 units needed for one block



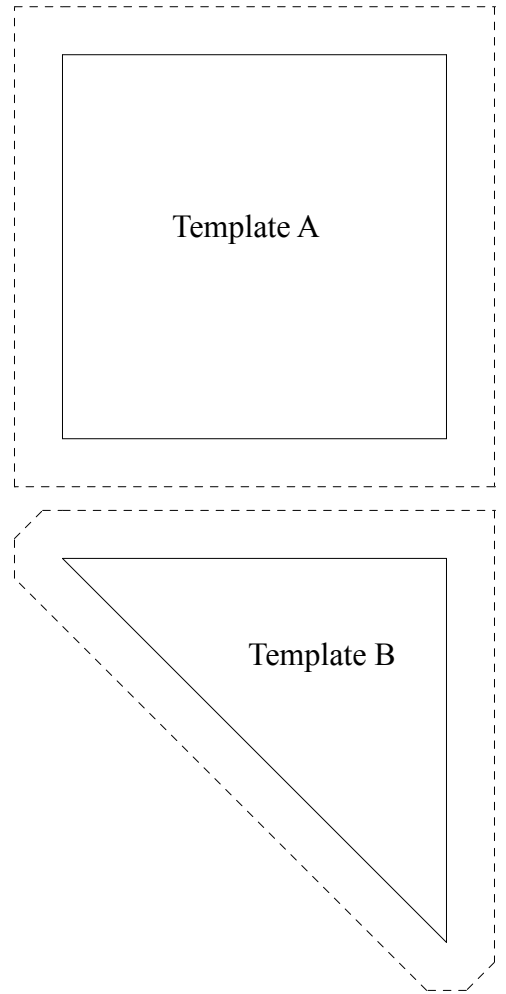
Contact or see Terri if you would like some pre-printed pages of the paper-pieced templates to make a block.

**IMPORTANT - PLEASE READ**

Check the measurement of your printed templates. Sometimes a computer/printer system will resize the printout and your measurements won't be accurate.

The printed paper piecing template (shown at left) should measure 2 1/2" square, this includes the seam allowances. If you don't get this measurement after printing, you can easily draw your own paper piecing pattern.

For the templates that aren't paper pieced (shown at right), the square should measure 2 1/2" square.



Template A

Template B

**Rotary cutting**

From turquoise fabric - cut four 2 1/2" squares  
From black fabric - cut four 2 1/2" squares

From black fabric - cut four 2 7/8" squares  
From gold fabric - cut fourteen 2 7/8" squares  
From light purple fabric - cut six 2 7/8" squares  
From dark purple fabric - cut four 2 7/8" squares

Cut all of the 2 7/8" squares once on the diagonal (from one corner to the opposite) to create half square triangles.

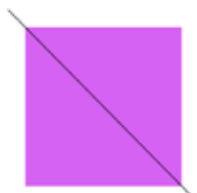
Sew 12 light purple and gold squares



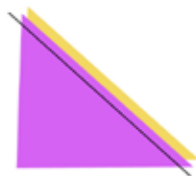
Sew 8 dark purple and gold squares



Sew 8 black and gold squares



**Cut**



**Stitch**



**Press open  
and trim points**

Construct all half-square triangles. Align two triangles and stitch with a 1/4" seam allowance along the long edge. Handle the long edge of the triangles with care as they are bias edges and stretch easily. There are other methods to construct half-square triangles, use the method you prefer.

## **Missouri Valley Quilt Guild**

Terri Stegmiller  
Newsletter Editor  
3675 Hwy 1806  
Mandan, ND 58554

## **Next Meeting – January 21, 2010**

**Meeting time:** 6:30 p.m.

**Location:** House of Prayer Church

**Hostesses:** Michele Ripplinger, Rose Mary Hertz, Barb Headrick, Ruth Chase, and Lavonne Steffenson

