

# Missouri Valley Quilt Guild

Newsletter

November 2009

## Board Members

### President

Phyllis Stoddart  
223-5859

### Vice President

Kathy Nordquist  
222-0665

### Treasurer

Marlene Sapa  
258-9128

### Secretary

Phyllis Oxentenko  
222-1746

### Newsletter Editor

Terri Stegmiller  
663-2234

### Past President

Barb Emery  
258-0978

If you have any information you would like to include in the next newsletter, please call the newsletter editor, or email her at [steg3675@gmail.com](mailto:steg3675@gmail.com). Deadline to receive information for the next newsletter is November 30, 2009.

## Minutes . . . October 16, 2009

The October 16 meeting of MVQ was the annual "Girls Night In". No formal meeting was held. Approximately 30 people took part in the potluck and small sewing projects. Fun was had by all.

## Board Meeting

The executive board of the Missouri Valley Quilters met on November 1, 2009 at the home of Phyllis Stoddart. In attendance were: Marlene Sapa, Terri Stegmiller, Kathy Nordquist, and Phyllis Oxentenko.

Discussion was held regarding the November meeting. Our program will be given by 3 quilt shops. December 10 will be our Christmas party.

Also discussed were ideas to encourage members to wear name tags.

### November 19 Program

Three area quilt shops will share the latest quilting gizmos and gadgets. We will see items from the Quilt Haus, Bismarck Sewing and Quilting, and Sewing Machines Plus.

### Sewing Machine Needle Information

Which size needle is right for your project. When you look at a package of needles, you'll see two numbers that identify the needle's size. They look like this: 60/8 or 100/16 (or sometimes 8/60 or 16/100). The larger number is the American size and the smaller number is the European size, which measures the needle's diameter in millimeters. It makes no difference which number is listed first. There's only one thing you really need to know about needle sizes:

- \* A lower number means a thinner, more flexible needle. Use these needles to sew lightweight threads and delicate fabrics. 60/8 is the smallest size available.
- \* A higher number means a thicker, more rigid needle. Use these needles to sew heavier threads and fabrics. 120/19 is the largest size available.
- \* Thin, flexible needles will bend and break in thick fabric, while thick, rigid needles can tear holes in thin fabrics.

Use a Heavier-Weight Needle for Free-Motion Quilting

The side-to-side movements of free-motion machine quilting can put a lot of stress on the sewing needle. If your needle keeps breaking while you're machine quilting, especially if you're free-motion quilting on a quilting frame, switch to a higher-numbered needle.

Replace Your Needle Often

The action of piercing through the fabric gradually dulls a needle and causes nicks and rough spots that can damage your fabric. Put in a new needle at the beginning of every new project.

**DID YOU KNOW**

Are you looking for a special fabric and can't find it locally? If so, visit:

**Quiltshops.com**

Quiltshops.com is a group of over 200 independent quilt shops. Our search engine allows you to search all 200 shops at once for any item, with or without thumbnails. You can search for quilt fabric, 100% cotton fabric, flannel fabric, and you can even search for fabric by color or manufacturer and ask it to "exclude" any word, such as flannel. This would give you all cotton fabric in your color or manufacturer choice.

## Upcoming Events

### November 26 - December 27, 2009

Headwaters Quilt Show—held at Washburn Memorial Hall (805 Main Ave, Washburn, ND), 9:00 am to 5:00 pm (central time). If you're interested in entering your quilt, you may reach Jeff at 462-3430 or jcarlson@fortmandan.org. The Lewis & Clark Interpretive Center is hosting Smithsonian exhibits during that time; so viewers will be able to take in both locations very conveniently.

### January 22 - 23, 2010

ND Quilters' Showcase, Mandan Community Center

### February 19 - 21, 2010

Frozen Fabric Frolic - See details on page 3

## Area Classes . . . Local classes by guild members

### Classes at Sewing Machines Plus:

**Beginning Quilting with Angie** - Night or day classes offered, will meet five times. Night classes will be Monday nights from 6:30-9:30 (Sep. 21, 28, Oct. 5, Nov. 9, 30) Day classes will be from 9:30-12:00 (Sep. 22, 29, Oct. 6, Nov. 10, Dec 1) Tuition \$50

**Day and Night Strip Pieced Eleanor Burns quilt with Alene** - Nov. 14, 10-4 pm. Tuition \$15

**Tulip Purse with Alene** - Dec. 7, 6-9 pm. Tuition \$15

The class schedule for Bismarck Sewing and Quilting can be viewed on their website at [www.bismarcksewingandquilting.com](http://www.bismarcksewingandquilting.com).

Stop in at the Quilt Haus to check on their class schedule.

**Remember to wear your name tag at meetings.** We will be playing a Taboo game with prizes. You'll need your name tag on to be eligible.

Hostesses are still needed for the April, May, and June meetings. Please see Phyllis Stoddart if you can help out.

## Upcoming Guild Programs

**November** - Gizmos, Gadgets, and Gifts - Display of the newest quilting ideas from Bismarck Sewing and Quilting, The Quilt Haus, and Sewing Machines Plus.

**December** - Christmas Party

**January** - Wool Heart project - Hands on and a call for UFO's.

**February** - Trunk show with featured quilter Marlene Sapa.

**March** - Folio Fun with Terri Stegmiller - Hands-on project.

**April** - UFO deadline (tax deadline) with show and tell and prizes.

**May** - Strip piecing with Jenny Yearous - Hands-on project.

**June** - Art quilt - Hands-on project.

**August** - Summer pot luck and show of summer projects.



## Tropical Christmas 2009

A fat quarter of fabric was handed out at the September meeting. This year's Christmas challenge is to think tropical. There will only be one category for 1st, 2nd, and 3rd. The rules are that the quilt or item must not be started before the September meeting and have a recognizable piece of the challenge fabric in the quilt top or front. It has to be quilted, bound and completely finished. The fabric was purchased at the Quilt Haus and Debbie has purchased some coordinating fabrics that will be available after the September meeting.

Bring your completed quilt to the Christmas party concealed in a sack. Do not put your name on the quilt or the sack.

Contact Susan Schwarz, Jackie Meier, or DelRae Martin if you have any questions.

The Christmas party is fast approaching. It will be on December 10.



**Log Cabin Loco**

Log Cabin Loco takes a traditional log cabin block and turns it into a contemporary version of a log cabin quilt. Finished quilt will measure 61 X 76. This is an opportunity to utilize some of the fat quarters you may have been collecting. For those of you not so interested in fat quarters, don't let this stop you.

Log Cabin Loco is a fast and easy design which you should be close to completing by the end of the weekend. A perfect quilt for those who like to combine a good chat with their sewing!

Instructor: Marlene Sapa



**Painless Pineapple**

You don't have to use the dreaded T (template) word or the P (paper piecing) word to make this traditional block. Deb will demonstrate the use of the Pineapple Ruler (required) from Possibilities to create this beautiful quilt style. It is much easier than it looks – simple strips and then trim using the special ruler. The resulting quilts can be traditional or contemporary depending on the fabric choices.

Instructor: Deb Knudson

**Tenth Annual 'Frozen Fabric Frolic' Quilt Retreat**

Missouri Valley Quilters, Bismarck-Mandan  
 Will be held at Camp of the Cross, Garrison ND  
 February 19-21, 2010

Quilt Retreat will begin at 5:00 PM Friday evening and will end 4:00 PM Sunday evening.

\$120 Registration Fee will cover room, board and classes. (\$60 required with application.) Meals are provided. (Supper Friday evening. Brunch & supper Saturday. Brunch Sunday) (Cancellations before Feb. 13, 2010 will receive a refund minus a \$10 non-refundable registration fee.)

Accommodations are dormitory style cabins – (no bunk beds).

Bring your own sleeping bag, pillow, towels, etc.

Each cabin has its own bathrooms, but shower facilities are located in another building. A limited number of "Private Rooms" are available for an additional \$30/person. Some of the rooms will accommodate two people, (2 single beds.) Bedding & towels are provided by the camp. These rooms will be allocated by postmark date by the registration committee. We cannot guarantee a private room.

You will have your choice of two classes, or space will be provided to do your own projects. (Each class will be for two days, giving time to perhaps complete a project)

Applications will be accepted based on postmark, but will not be accepted early. Members of Missouri Valley Quilters may send in their registration on December 1, 2009.

Open registration will begin January 1, 2010.

Detailed supply lists and schedule will be mailed prior to the retreat.

Please mail to: Bonnie Cook, 1305 N. 14th St., Bismarck, ND 58501

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Please indicate 1st and 2nd choices:

"Log Cabin Loco" \_\_\_\_\_ "Painless Pineapple" \_\_\_\_\_ "Sew Your Own" \_\_\_\_\_

Amt. Enclosed \$120 \_\_\_\_\_ (Paid in Full) \$60 \_\_\_\_\_ (\$60 payable at Registration) This includes a \$10 nonrefundable registration fee.

Make checks payable to: Missouri Valley Quilters

Private Room Request:

\_\_\_\_\_ Single room. Additional \$30 due at registration.

\_\_\_\_\_ Share a room with \_\_\_\_\_ (Name of roommate)  
 Additional \$30/each due at registration.

If private room is not available:

\_\_\_\_\_ I will accept dormitory sleeping arrangements.

\_\_\_\_\_ Please refund my registration fee, I will not be able to attend the retreat.

If you have any questions, please call Bonnie Cook at 223-9640 or Karen Pedigo at 258-0702.



### Newsletter Block of the Month - Block 3 (Bird of Paradise)

This 12" block can be constructed using several techniques. You can make this block using rotary cutting methods for the squares and paper piecing for the star points or if you prefer you can construct your block using templates. You'll find all the instructions and templates for all of these methods on this page and the following page.

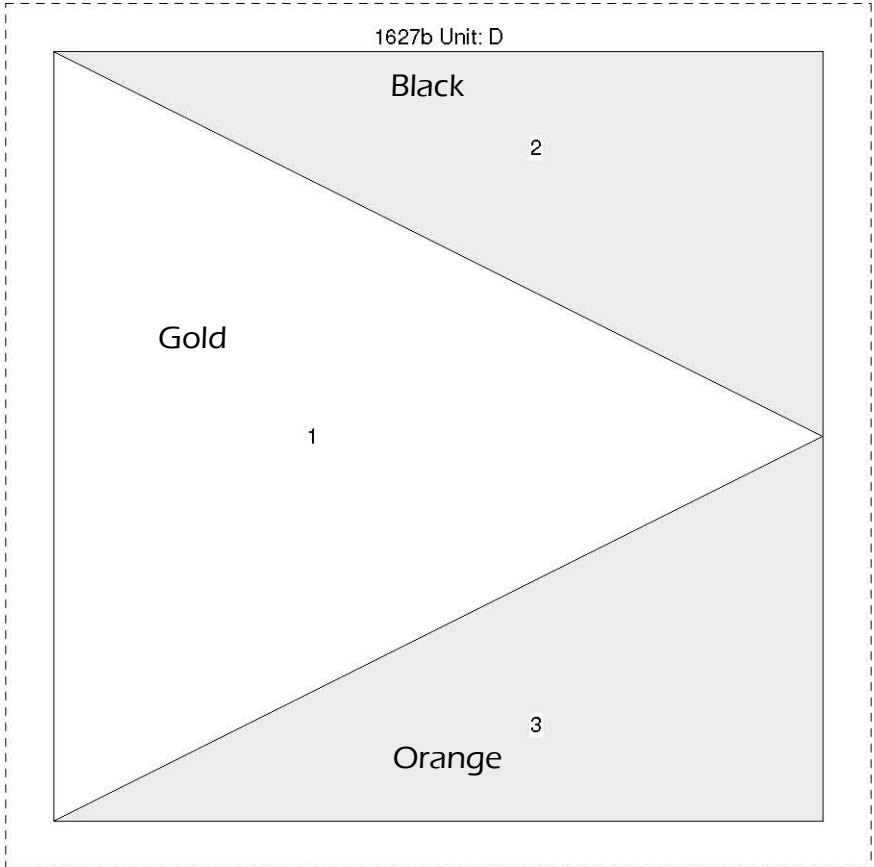
Use your own color palette or follow the one shown.  
All seams are 1/4".

**IMPORTANT - PLEASE READ**

Please note that not all printers work the same. You should check the measurement of your printed templates. Sometimes a computer/printer system will resize the printout and your measurements won't be accurate.

The printed paper piecing templates should measure 4 1/2" square, this includes the seam allowances. If you don't get this measurement after printing, you can easily draw your own paper piecing pattern. Draw a 4" square. Along one side, find the half way point, which is 2". Make a small mark. Align a ruler at this mark and mark a line down to each corner that is on the opposite side of the block. Now draw in your 1/4" seam allowance. You will need four of these.

For the templates that aren't paper pieced (next page), the square should measure 2 1/2" square. If it doesn't, then you know your printer has resized them and they won't be accurate. You can check to see if your printer has any settings that will print them at original size, but if you don't have that option you should then use the rotary cutting and paper piecing methods.



**Rotary cutting the squares**

- From orange fabric - cut six 2 1/2" squares
- From black fabric - cut six 2 1/2" squares
- From turquoise fabric - cut eight 2 1/2" squares

- Make two units as shown in diagram 1.
- Make two units as shown in diagram 2.
- Make one unit as shown in diagram 3.



diagram 1

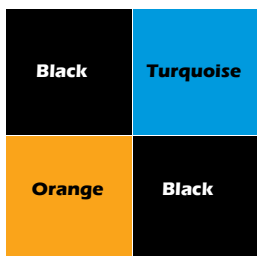


diagram 2

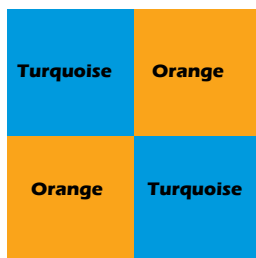
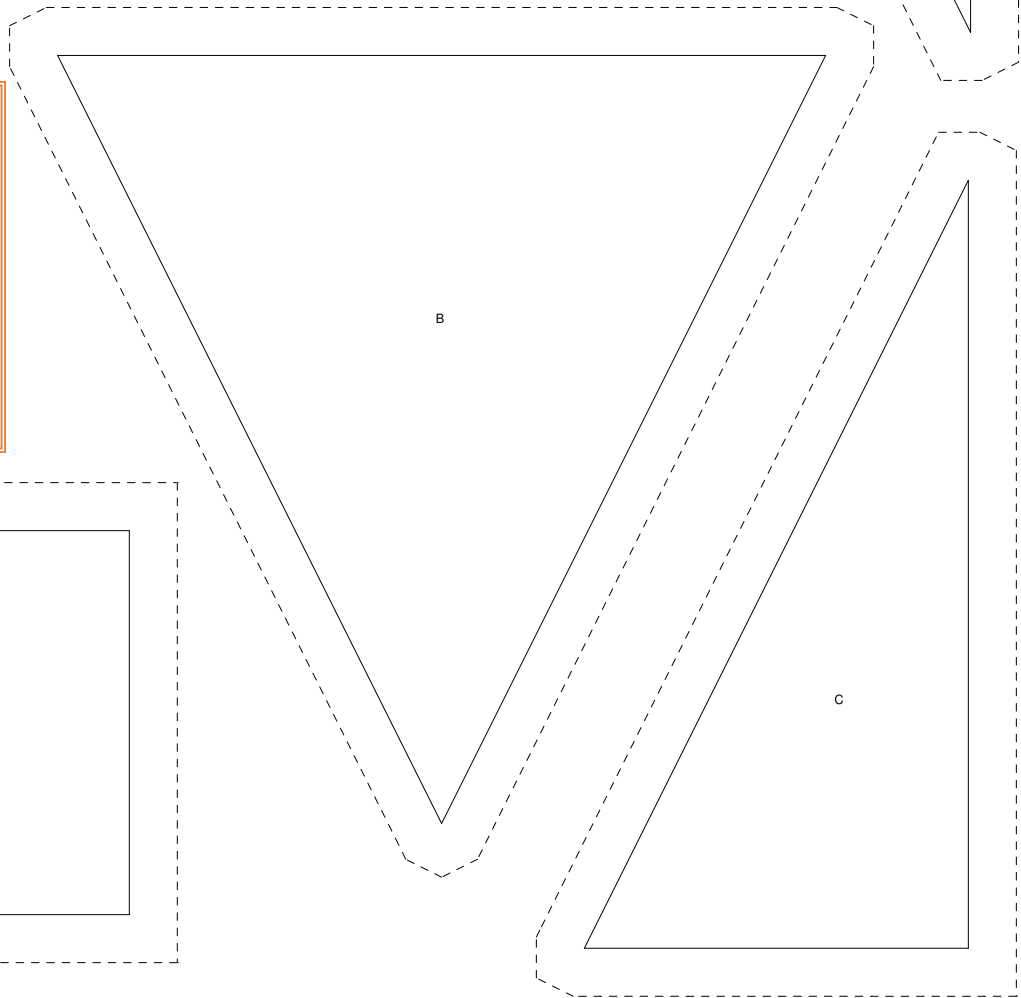
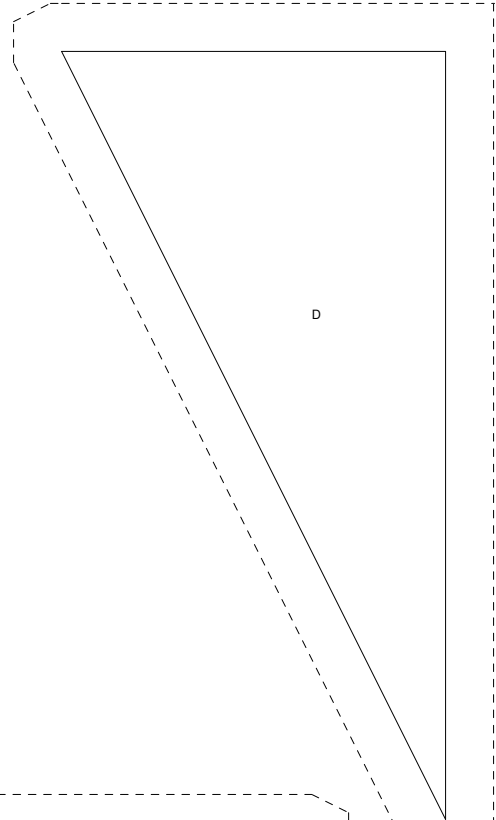
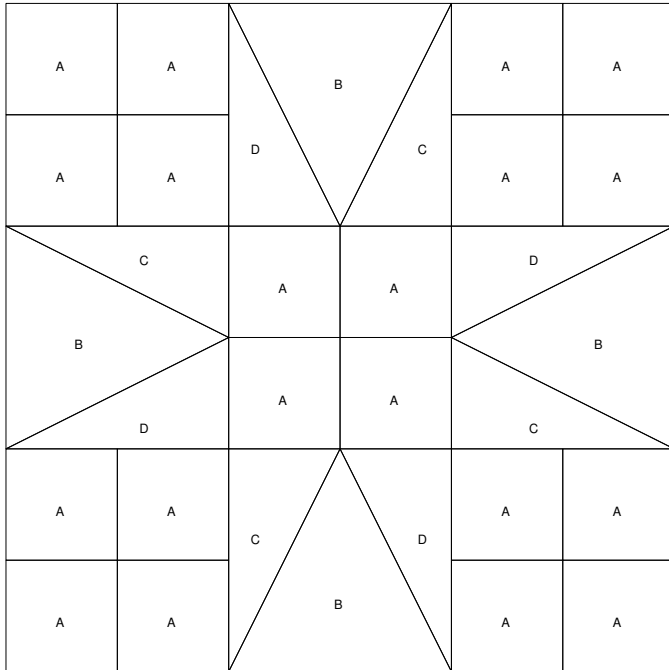


diagram 3

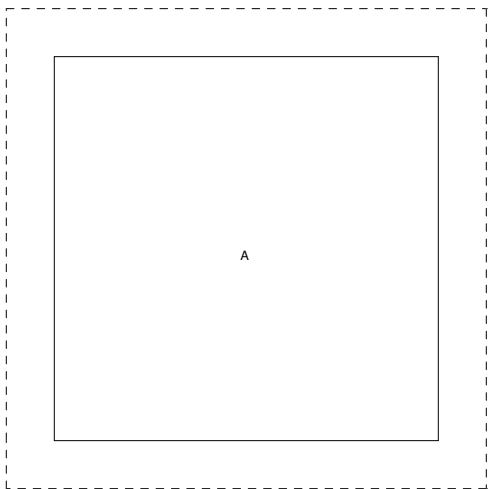
Paper piecing the star points. Make four copies of this page so that you have a total of four paper pieced units like the one shown above. Using the paper piecing method, create your star points.

Note that the colors are labeled in the paper piecing diagram. You will need two units with the colors in the configuration shown and two units with the black and orange colors reversed.

Combine the completed star points with the square units from the rotary cutting instructions to finish your quilt block.



Use these templates if you prefer to piece your quilt block using a template method. Check template A to see if your printer has printed the templates accurately. Template A should measure 2.5" x 2.5".



## **Missouri Valley Quilt Guild**

Terri Stegmiller  
Newsletter Editor  
3675 Hwy 1806  
Mandan, ND 58554

## **Next Meeting – November 19, 2009**

**Meeting time:** 6:30 p.m.

**Location:** House of Prayer Church

**Hostesses:** Material Girls

